

GOLDEN WEST SWIM CLUB SUMMER 2017 PRACTICE SCHEDULE
EFFECTIVE MONDAY, JUNE 19, 2017
(updated 6/27/17)

Groups	Coach	Day	Time
Pathways Novice	Hannah, Nina	Monday - Friday	4:30 – 5:00 pm (small pool)
Pathways Advanced	Hannah, Nina	Monday - Friday	5:00 – 5:30 pm (small pool)
White	Hannah, Nina	Monday - Friday	5:30 – 6:30 pm (small pool)
Red	Kristeen, Nolan	Monday - Friday	4:30 – 5:30 pm
Blue 1	Kristeen	Monday - Friday	6:30 – 7:30 pm (small pool)
Bronze 1	Maxine	Mon, Tues, Thurs, Fri Wednesday Saturday <u>Dryland:</u> Days to be determined	4:30 – 6:00 pm 5:30 – 7:00 pm 9:00 – 10:30 am 5:30 – 6:00 pm
Bronze 2	Daniel, Nolan	Monday – Friday Saturday <u>Dryland:</u> Days to be determined	6:00 – 7:30 pm 9:00 – 10:30 am 5:30 – 6:00 pm
Gold 1	Tracy, Maxine	Mon, Tues, Thurs, Fri Wednesday Saturday <u>Dryland:</u> Monday - Friday	6:00 – 7:30 pm 3:30 – 5:30 pm 9:00 – 11:00 am 5:30 – 6:00 pm
Gold 2	Daniel, Nolan	Monday – Friday Saturday <u>Dryland:</u> Days to be determined	6:00 – 7:30 pm 9:00 – 10:30 am 5:30 – 6:00 pm
Gold 3	Christian, Danylo	Tues, Wed, Thurs Mon, Tues, Thurs, Fri Wednesday Saturday <u>Dryland:</u> Monday - Friday	6:30 – 8:30 am 6:00 – 7:30 pm 3:30 – 5:30 pm 9:00 – 11:00 am 5:30 – 6:00 pm
Senior/National Groups	Tracy, Christian, Danylo, Daniel, Nolan	Monday – Friday Mon, Tues, Thurs, Fri Saturday <u>Dryland:</u> Monday and Thursday Saturday	6:30 – 8:30 am 3:30 – 5:30 pm 7:00 – 9:00 am 6:00 – 7:00 pm 9:30 – 10:30 am
Masters	Danylo, Daniel	Monday – Friday Saturday	5:30 – 6:30 am 5:30 – 7:00 am